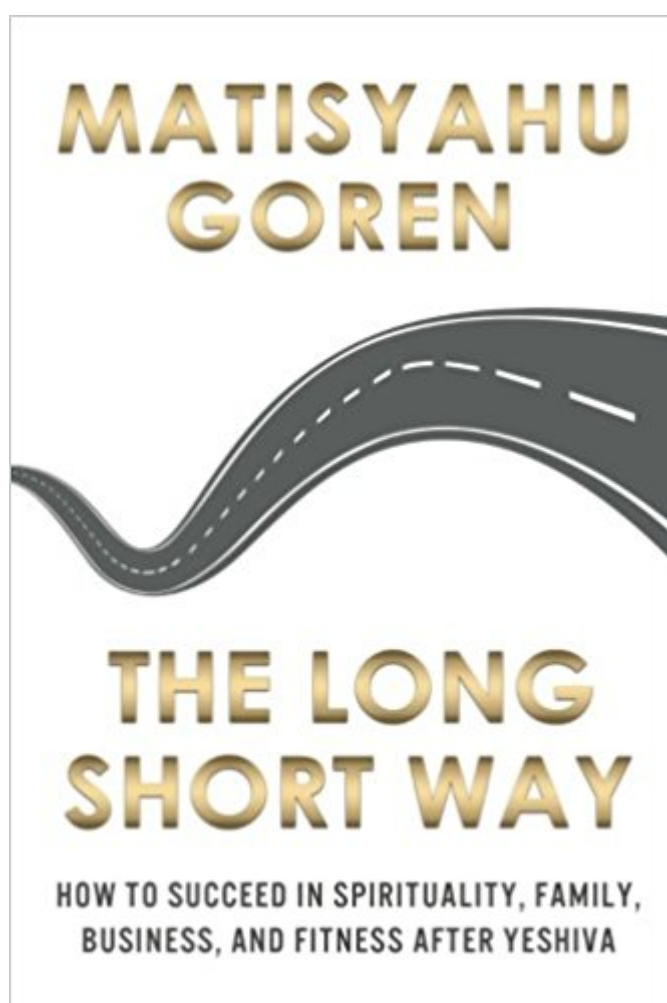


The book was found

How To Succeed After Yeshiva: The Long Short Way: Spirituality, Family, Business, And Fitness



Synopsis

When you set out on your journey to succeed in your mission after Yeshiva, your heart was in the right place. You knew embracing Judaism was the key to happiness, joy and a fulfilling life. What you didn't know was how hard the change would be. How much sacrifice this path would require. You're not alone and it's not your fault. Many Yeshiva graduates feel lost after making such a drastic life change. This book was written just for you. It's designed to help you find your way. Inside "The Long Short Way" you will discover :

- How to balance your family, work & unique religious obligations with your personal goals
- How to work smart instead of hard to make more money (with less effort)
- The secret to overcoming the bad habits & addictions that cripple relationships & finances
- Why you're unhappy with your body, and how to finally get in shape
- 1 thing you can do immediately that will enhance every aspect of your life

If you're willing to make the commitment to becoming the best version of yourself, then this book will serve as your guide. The blueprint for accomplishing your goals, creating wealth and finally living the lifestyle you desire...All while maintaining a great relationship with God and following Jewish law. It's not the easiest way...but it is the fastest. "The Long Short Way"

Book Information

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Customer Reviews

Matisyahu Goren is the director of Mission Driven, a platform for Jews to define their unique mission, develop the tools they need for success, and make the world a home for God. Author of The Long Short Way: How To Succeed After Yeshiva. Host of the hit Podcast Mission Driven: The Long Short Way, which has interviewed best selling authors, world renowned rabbis, relationship

experts, professional athletes, inspirational businessmen, and internationally recognized fitness coaches. Head Performance Coach of The Mission Driven Coaching Program. Matisyahu is a professional basketball coach of NBA and international players. He and Coach Steve Campbell cofounded The Scholarship Makeover Foundation, which provided physical training, life coaching, test preparation, and academic consultation to 42 players who obtained college scholarships all while a student at Cal State Northridge. He left it behind to attend Mayanot of Jerusalem for two years. Now, Matisyahu is married to Shaina and they have a baby boy named Asher Chaim and baby girl named Zissel Chava.

Great resource for anyone post Yeshiva.

This book is a tremendous resource for religious Jews to create a plan for themselves after an immersive educational experience to create a healthy financial and physical life to go with their spirituality.

You can tell this book was written by a dedicated author. There is a tremendous amount of detail, thought, and anecdotes that make this book truly a valuable asset to have. A terrific read!

I read this cover to cover, and felt like it was written for me personally. I expect this to be a life changer. I'm already starting to see results.

I already own two copies (one for myself and one for my wife - I marked up mine a lot -) and plan on buying at least five more to give out to friends and family! This is a must read. Although it is geared towards people that have spent time in yeshiva and have within the past few years entered the working world, the marriage world, etc, the lessons and guidance in this book are applicable to any young adult looking to succeed in life. This is regardless if they have had experience in an institution of higher learning or not, religious or otherwise. The message that the author wishes to convey really resonates with the audience because not only is the author's voice genuine, but his personal experiences are so very similar to all of ours. (Note: Even though the language is written from a male POV as well as the experiences/examples, this book is no less necessary for young women to read and learn from - this is merely the tone of the author. It is very easy to interchange the genders in the tone of voice and the examples.) This book enables and empowers one to take his/her own life into his/her hands and maximize their potential no matter who

they are, where they are, what time of day, etc. The Long Short Way inspires people to take concrete, accountable, metered steps to identify one's mission, fulfill it and as a by product increase the quality of one's life and the lives of those around the reader. This book has personally provided me with the cornerstone I need so I may be who I was ultimately created to be. I've been able to increase quantity and quality of health physically, mentally, emotionally, socially, spiritually, financially, maritally, etc. Ultimate it's up to the reader to follow through with what the book says, but anyone who's reading this book already wants to be part of something greater. This book just provides the self-realization for the reader that we all have inside of us what we need to succeed; the book shows us how to execute. Kol hakavod Matisyahu. You give us all nachas and I cannot wait to see what comes next for you. Moshiach now.

Are you a newly minted Bal Tshuva and after the excitement has worn off are feeling lost? Did you go through the Yeshiva "System" and are now unsure where to go from here? Did you ever feel like your life was listless and just ho-humming along without any purpose or direction? In the Long Short Way Matisyahu Goren attempts to answer these questions and more. Social Media? Get it off your phone. Start your day off with a bang? 5 AM wake here I am. If you've ever felt like you needed the tools to move forward, to up your game, this is the book for you. Matisyahu tells us his story, what motivated him to write this book, and tells you how you can implement some of what he's learned into your own life. After reading this book, I was certainly empowered to push my life into high gear; I can't guarantee the same results for you, but it is definitely a step in the right direction.

If you want to learn how to focus on what's important to you, how to spend time doing what your passionate about with the people you love, and how to succeed at life and reach your goals materially and spiritually, this book is for you! Written in the style of a one on one conversation, with questions you actually write down the answers to in the book itself, (plus, plenty of margin space to jot down your thoughts and feelings) Matisyahu Goren will empower you mentally and emotionally to successfully take "The Long Short Way".

I picked up 5 copies so that I could give them to my loved ones. Never before has an author combined spirituality and made it so relatable to modern business practices, relationships and life in general. It's one of the most inspiring books I've ever read, regardless of time period of your life. It's one of those books you can leave on your coffee table for guests to flip open to any page and get a jolt of wisdom and inspiration.

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